

Informed Consent for Treatment

I (do/do not) give consent for evaluation and treatment to be provided for myself/my child by Hudson Valley Licensed Behavior Analyst, P.C.

Hudson Valley Licensed Behavior Analyst, P.C. will utilize Applied Behavior Analysis (ABA) principles. ABA is the use of behavioral methods to measure behavior, teach functional skills, and evaluate progress. A unique plan will be created that results in long-lasting positive outcomes and an enhanced quality of life. Behavioral treatments are clinical processes that involve a professional arrangement. Therapy is regulated by laws, ethics, your rights as a client, and by standard business practices. Before intervention can begin, your agreement to the business practices described herein is required.

Treatment Termination

If at any time during the course of your treatment it is determined services cannot continue, a Transition to Termination notice can be provided to you explaining the justification for this decision. Ideally, services end when treatment plan goals have been achieved. Additional conditions of termination can include:

- You have the right to stop treatment at any time. If you make this choice, referrals to other therapists may be provided (if available).
- Other legal or ethical circumstances may arise and lead to termination of treatment, such as the clinical expertise of the Consultant being inappropriate or insufficient for the client/individual receiving treatment. Please note: the Consultant will not diagnose, treat, or advise on problems outside the recognized boundaries of her competencies.
- Other situations that warrant termination may include: drug abuse, disclosing illegal intentions or actions, inappropriate behavior during services, or failure to meet parent participation expectations.

Possible Risks Associated with Treatment

Like many things in life, therapy/behavioral treatment has inherent risks. Some of these risks are:

- Disruptions in your daily life that can occur because of therapeutic changes
- No promises can be made regarding learner progress. Some individuals progress and learn skills quickly, while others take longer to learn skills or experience difficulty retaining skills once learned
- Initial increases in the duration, frequency, or intensity of problem behaviors due to the "Extinction Burst"
- Although treatment begins with the hope of behavioral improvement and positive outcomes in the overall family functioning, there is no guarantee that this will occur. There is, however, a better chance of improvement occurring if all caregivers in the household participate in the therapy.

Possible Benefits Associated with Treatment

Multiple studies across decades of time have contributed to the current understanding of the benefits of Applied Behavior Analysis:

- Improvements in communication, social relationships, play, self-care, school, and employment
- Increased participation in family and community activities
- Improvements in “school readiness”
- Significant improvements (socially valid improvements) in learning, reasoning, and adaptability to change

Your signature below will verify that you have read all of the information contained in this Informed Consent and that you asked questions about anything you have not understood up to this point.

By signing, you freely acknowledge your willingness to undergo treatment using Behavioral Therapy methods:

I acknowledge that Therapy involves potential physical, emotional, and mental risks, including but not limited to the potential for property damage, personal injury, and emotional duress. I acknowledge that proper implementation of Applied Behavior Analysis requires ongoing training and support from a Certified Behavior Analyst, adherence to the treatment plan, and diligence in data collection.

Date: _____

Name of individual receiving treatment: _____

Guardian/Parent Signature: _____